| MUY ALTO | | ALTO | | MEDIO | | BAJO | | MUY BAJO | |
|---|---|---|---|---|---|---|---|---|---|
| NO | MUNICIPIO | NO | MUNICIPIO | NO | MUNICIPIO | NO | MUNICIPIO | NO | MUNICIPIO |
| 1 | Atlahuilco | 1 | Acula | 1 | Acajete | 1 | Acayucan | 1 | Alvarado |
| 2 | Castillo de Teayo | 2 | Acultzingo | 2 | Acatlán | 2 | Actopan | 2 | Banderilla |
| 3 | Chumatlán | 3 | Alpatláhuac | 3 | Álamo Temapache | 3 | Agua Dulce | 3 | Boca del Río |
| 4 | Coetzala | 4 | Aquila | 4 | Altotonga | 4 | Alto Lucero de Gutiérrez Barrios | 4 | Cerro Azul |
| 5 | Coxquihui | 5 | Astacinga | 5 | Amatitlán | 5 | Amatlán de los Reyes | 5 | Coatepec |
| 6 | Ilamatlán | 6 | Atzalan | 6 | Angel R. Cabada | 6 | Apazapan | 6 | Coatzacoalcos |
| 7 | Los Reyes | 7 | Ayahualulco | 7 | Atzacan | 7 | Atoyac | 7 | Coatzintla |
| 8 | Mecatlán | 8 | Benito Juárez | 8 | Camarón de Tejeda | 8 | Camerino Z. Mendoza | 8 | Córdoba |
| 9 | Mixtla de Altamirano | 9 | Calcahualco | 9 | Catemaco | 9 | Carlos A. Carrillo | 9 | Cosoleacaque |
| 10 | Soledad Atzompa | 10 | Carrillo Puerto | 10 | Chacaltianguis | 10 | Coacoatzintla | 10 | Emiliano Zapata |
| 11 | Soteapan | 11 | Cazones de Herrera | 11 | Chinameca | 11 | Cosamaloapan de Carpio | 11 | Fortín |
| 12 | Tantoyuca | 12 | Chalma | 12 | Chocamán | 12 | Cuitláhuac | 12 | Ixtaczoquitlán |
| 13 | Tehuipango | 13 | Chiconamel | 13 | Citlaltépetl | 13 | El Higo | 13 | La Antigua |
| 14 | Tepatlaxco | 14 | Chiconquiaco | 14 | Cosautlán de Carvajal | 14 | Gutiérrez Zamora | 14 | Lerdo de Tejada |
| 15 | Tequila | 15 | Chicontepec | 15 | Cotaxtla | 15 | Huatusco | 15 | Medellín de Bravo |
| 16 | Texcatepec | 16 | Chinampa de Gorostiza | 16 | Cuichapa | 16 | Huiloapan de Cuauhtémoc | 16 | Minatitlán |
| 17 | Tezonapa | 17 | Chontla | 17 | Ixhuatlán del Café | 17 | Isla | 17 | Nanchital de Lázaro Cárdenas del Río |
| 18 | Tlachichilco | 18 | Coahuitlán | 18 | Ixmatlahuacan | 18 | Ixhuatlán del Sureste | 18 | Naranjos Amatlán |
| 19 | Xoxocotla | 19 | Colipa | 19 | Jalacingo | 19 | Ixhuatlancillo | 19 | Orizaba |
| 20 | Zontecomatlán de López y Fuentes | 20 | Comapa | 20 | Jalcomulco | 20 | Jáltipan | 20 | Poza Rica de Hidalgo |
| 21 | Zozocolco de Hidalgo | 21 | Coscomatepec | 21 | Jamapa | 21 | Jilotepec | 21 | Río Blanco |
| | | 22 | Coyutla | 22 | Juan Rodríguez Clara | 22 | Manlio Fabio Altamirano | 22 | Tuxpan |
| | | 23 | Espinal | 23 | Landero y Coss | 23 | Mariano Escobedo | 23 | Ursulo Galván |
| | | 24 | Filomeno Mata | 24 | Las Vigas de Ramírez | 24 | Martínez de la Torre | 24 | Veracruz |
| | | 25 | Hidalgotitlán | 25 | Maltrata | 25 | Misantla | 25 | Xalapa |
| | | 26 | Huayacocotla | 26 | Miahuatlán | 26 | Moloacán | | |
| | | 27 | Hueyapan de Ocampo | 27 | Nautla | 27 | Naolinco | | |
| | | 28 | Ignacio de la Llave | 28 | Omealca | 28 | Nogales | | |
| | | 29 | Ixcatepec | 29 | Paso del Macho | 29 | Oluta | | |
| | | 30 | Ixhuacán de los Reyes | 30 | Playa Vicente | 30 | Otatitlán | | |
| | | 31 | Ixhuatlán de Madero | 31 | Rafael Delgado | 31 | Oteapan | | |
| | | 32 | Jesús Carranza | 32 | Saltabarranca | 32 | Pánuco | | |
| | | 33 | José Azueta | 33 | San Andrés Tuxtla | 33 | Paso de Ovejas | | |
| | | 34 | Juchique de Ferrer | 34 | San Juan Evangelista | 34 | Perote | | |
| | | 35 | La Perla | 35 | Santiago Tuxtla | 35 | Pueblo Viejo | | |
| | | 36 | Las Choapas | 36 | Sayula de Alemán | 36 | Puente Nacional | | |
| | | 37 | Las Minas | 37 | Sochiapa | 37 | Rafael Lucio | | |
| | | 38 | Magdalena | 38 | Tamalín | 38 | San Rafael | | |
| | | 39 | Mecayapan | 39 | Tancoco | 39 | Soconusco | | |
| | | 40 | Naranjal | 40 | Tepetlán | 40 | Soledad de Doblado | | |
| | | 41 | Ozuluama de Mascareñas | 41 | Tepetzintla | 41 | Teocelo | | |
| | | 42 | Pajapan | 42 | Tihuatlán | 42 | Tierra Blanca | | |
| | | 43 | Papantla | 43 | Tlacojalpan | 43 | Tlalnelhuayocan | | |
| | | 44 | Platón Sánchez | 44 | Tlacotalpan | 44 | Tlapacoyan | | |
| | | 45 | San Andrés Tenejapan | 45 | Tlacotepec de Mejía | 45 | Tomatlán | | |
| | | 46 | Santiago Sochiapan | 46 | Tlalixcoyan | 46 | Vega de Alatorre | | |
| | | 47 | Tamiahua | 47 | Tlaltetela | 47 | Xico | | |
| | | 48 | Tampico Alto | 48 | Tlilapan | 48 | Yanga | | |
| | | 49 | Tantima | 49 | Totutla | | | | |
| | | 50 | Tatahuicapan de Juárez | 50 | Tres Valles | | | | |
| | | 51 | Tatatila | 51 | Tuxtilla | | | | |
| | | 52 | Tecolutla | 52 | Villa Aldama | | | | |
| | | 53 | Tempoal | 53 | Yecuatla | | | | |
| | | 54 | Tenampa | 54 | Zaragoza | | | | |
| | | 55 | Tenochtitlán | 55 | Zentla | | | | |
| | | 56 | Texhuacán | | | | | | |
| | | 57 | Texistepec | | | | | | |
| | | 58 | Tlacolulan | | | | | | |
| | | 59 | Tlaquilpa | | | | | | |
| | | 60 | Tonayán | | | | | | |
| | | 61 | Uxpanapa | | | | | | |
| | | 62 | Zacualpan | | | | | | |
| | | 63 | Zongolica | | | | | | |

Fuente: Consejo Estatal de Población (COESPO), a partir de la información generada por el Consejo Nacional de Población (CONAPO), año 2020.
Fecha de actualización: 15 de enero de 2024.